



**KENTUCKY ALTERNATIVE CARE**  
*wellness without compromise*

## TRAVELING WITH CANNABIS: WHAT KENTUCKY PATIENTS NEED TO KNOW

*Brought to you by Kentucky Alternative Care*

### **STAY SAFE WHEN YOU TRAVEL**

Being a medical cannabis patient in Kentucky comes with certain protections—but those protections don't always travel with you. Whether you're headed across town or out of state, knowing how to carry, store, and talk about your medicine can help you avoid legal headaches. This guide is here to make sure you're safe, informed, and confident whenever you're on the move.

### **TRAVELING WITHIN KENTUCKY**

If you're driving to visit family, heading to a doctor's appointment, or just running errands, here's what you need to know:

- **Keep your Kentucky medical cannabis card on you at all times.**
- **Transport your medicine in original, labeled packaging from a licensed dispensary.**
- **Store cannabis in the trunk or locked glove box—never on the seat, dashboard, or cup holder.**
- **Avoid carrying more than the legal limits:**
  - 112 grams of flower
  - 28 grams of concentrate
  - 3,900 mg of THC in edibles
- **Do not consume while driving or ride with open containers. Even as a patient, being under the influence behind the wheel is illegal.**
- **Be mindful of local attitudes. Cannabis stigma still exists in some counties. If pulled over, stay calm and polite. Show your card, and don't volunteer extra info.**

***Real Talk:** Some areas of Kentucky are more cannabis-friendly than others. Just because you're legal doesn't mean every officer will treat you like a patient. Be prepared, not paranoid.*

## LEAVING THE STATE? THINK TWICE.

### Short version: **don't take it with you.**

- Crossing state lines with cannabis—even if it's sealed and you're headed to another legal state—is still a **federal crime**.
- Kentucky's medical program is not currently recognized by other states.
- You could face possession charges in the new state even if you're a legal patient in Kentucky.

*Best move? Leave your medicine at home. If you need access in another state, research their laws ahead of time and look into reciprocity or local options.*

## WHAT ABOUT FLYING?

Flying with cannabis is risky—even for medical patients.

- **TSA follows federal law**, and cannabis is still federally illegal.
- If cannabis is found during screening, **TSA will refer you to local law enforcement**. That might be okay in Kentucky, but the rules change as soon as you land.
- **Airports and planes are considered federal territory**, where your medical card doesn't protect you.

*Pro Tip: If you're traveling for medical reasons, talk to your healthcare provider ahead of time. There may be non-THC alternatives you can take safely across state lines.*

## WHAT NOT TO DO

- Don't pack your medicine "just in case" when traveling out of state.
- Don't fly with edibles in your carry-on or stash a vape in your shoe.
- Don't assume intent matters—law enforcement won't care that you're a patient.
- Don't use cannabis on federal property like national parks, courthouses, or post offices.

## NEED SUPPORT OR LEGAL HELP?

- **Kentucky Office of Medical Cannabis:** 833-727-2828  
kymedcan.ky.gov
- **TSA Policy on Cannabis:**  
tsa.gov/travel/security-screening/whatcanibring
- **Legal Support (Louisville):**  
William M. Butler, Attorney — (502) 237-0871  
ACLU of Kentucky — (502) 581-9746

## STAY SMART, STAY PROTECTED

Traveling as a cannabis patient doesn't have to be stressful. Keep your documents in order, your meds properly stored, and your plans clear. When in doubt, leave it at home and protect your card.

*Kentucky Alternative Care is here to make your wellness journey safe, informed, and judgment-free.*



Kentucky Alternative Care  
2401-B Bardstown Road, Louisville, KY  
kyaltcare.com | (502) 888-8-KAC